

Word Work

- ❑ Watch the next [Heggerty Lesson](#)
- ❑ Complete the [worksheet](#) about vowel sounds found in the middle of words. It is in the classwork tab. Click on the colored box and drag it around the correct vowel sound.

Math

- ❑ Dreambox- Complete at least 2 lessons today.
- ❑ Complete the [Math worksheet](#) addition facts of 10. Look for number patterns and recognize fact families

Today is Friday, April 17, 2020..

Reading & Writing

- ❑ Reading on Raz-Kids Make sure you click on the Assignment tab. Choose a story or 2 about community helpers.
- ❑ Writing: Topic to write about....Tell me what you want to be when you grow up. Think about the Brainpop learning you did yesterday.

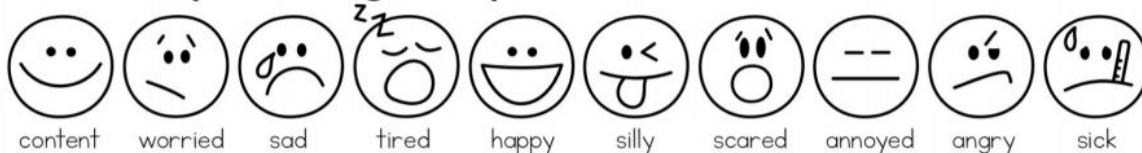


- ❑ Go back and watch the Brainpop Jr. video about Community helpers. Then take the quiz found in the Classworks tab in Google Classroom.
- ❑ How are you? I miss being your teacher. Many of you miss being at school. How are things at home? Fill out the paper or discuss the paper with a grown up at home. This does not need to be returned but it is really important for you to do with your grownup at home.

Wellness check in

Suggestion:
Turn off
the tv
and
discuss
this as a
family

How are you feeling today?



Self-Care Tip:

Make a list or
draw pictures
of all the things
that make you
happy.

Think About It:

What could you say to a
friend who is feeling sad?

Character Trait of the Day:

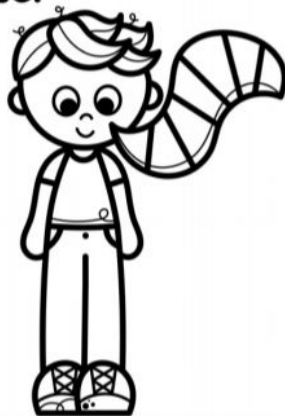
helpful
help · ful (adjective)
giving or ready to give help

How will you be helpful today? _____

Try this Mindful Exercise!

Rainbow Breaths

1. Start with the first color of the rainbow.
2. As you inhale, fill your mind & body with that color.
3. As you breath out, imagine that color leaving you and taking away all of the negativity as you prepare to breathe in a new color.
4. Repeat this with each new color until you get through the rainbow.



Draw a picture of someone being helpful.